

Guiding Light School of Massage Therapy

Iowa Massage Board Category A

Course (20 hrs):	Inspirational Touch Therapy
Date of Instruction:	March 30 th – April 1 st , 2012
Instructor:	Joy L. Mellum, L.M.T.
Location:	Guiding Light School of Massage Therapy 51 E. Broadway Street, Fairfield IA

Objective

Explore the evidence that supports Touch Therapy's impact on physical, emotional, mental & spiritual well being.

Become aware of the benefits for the Massage Therapist &/VS Benefits for the Client.

Working with Special Needs Individuals:

- Definition of the "Special Needs" Population
- Identify the increasing need for massage therapists in this field of service
- Types of training needed when working with this population
 - Understanding what situations warrant a medical referral Continued Education training currently available
- How to begin offering services to this population as an independent contractor
 - Who to contact
 - How to work as part of a health care team
 - Becoming a professional rather than a volunteer
 - Start-up costs & fee setting

Skills Obtained

Therapist must first be in the "right space" before administering this technique:

- Define "right space" & how to achieve it
- Explore the power of belief & thought patterns (an energetic fingerprint)
- Clarifying intention & expectation

Demonstration & Hands-On Learning of the Inspirational Touch Technique:

- Integrate technique into any massage or bodywork routine indicated

- Clothed application of Touch Therapy
- Application of "presence" in all that you do in your massage practice
- Basic Swedish, Myofascial Release Techniques for specific outcomes

The Goal

Provide knowledge and awareness of professional ethics and skills for massage therapists practicing in the field of a special needs population.